SURVIVAL GUIDE FOR ATHENS! RELOADED

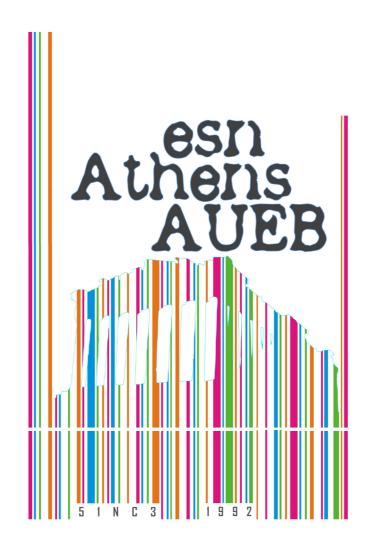


brought to you by.....



Erasmus experience is so much more than just an exchange program. It's a lifestyle, it's a party, it's a celebration, it's a Hollywood movie and you are starring!!! And this is a guide to help you explore the setting: Athens!!!!

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We start with a little bit of history...so, what do you know about Athens?

Long before it became a great city and the birthplace of democracy, the area of Athens must have been a beautiful place- otherwise it would be impossible to explain why the most powerful ancient gods duelled to give their name to the city. In the end it was Poseidon, the god of the sea, and Athena, the goddess of wisdom, who reached the final round. Zeus, out of whose head Athena was born, in order to avoid a violent encounter between the two gods, declared that each should make an offer to the new city and the city would be named after the god whose offer would be accepted by the citizens.

Poseidon, who was Zeus' brother, came first and struck the rock of the Acropolis, opening a spring of water. This meant that Poseidon was offering the new city success at sea.

Then Athena came forward and dropped a seed to the ground that immediately turned into an olive tree. This was meant to indicate that the goddess was offering the new city the peace and wisdom, which the citizens accepted and named their city Athens, while the owl, the bird associated with Athena and signified wisdom, became the sacred animal of the Athenians

Athens Step by Step

So now that you know this story, if you want to discover Athens, you will have get active! We have prepared a nice walk for you that you can take more than once both with your national or international friends!!

Acropolis, Makrygianni, Thissio

- You can start your walk by getting off at the Acropolis metro station (red line). Then, you need to
 follow Dionysiou Aeropagitou street, a beautiful pedestrian road that goes around the Acropolis Hill.
 All the way down is the ancient neighborhood of Thissio, which is connected via the pedestrian road
 Apostolou Pavlou.
- At first you will find yourself at the area of Makrygianni. As you walk at Dionysiou Aeropagitou street from the subway station and face Acropolis, you'll see Hadrian's Arch on your right side and the pedestrian road that goes around Acropolis on your left. Opposite, there is a statue of Ioannis Makrygiannis a leading figure in the 1821 Greek War of Indipendence and behind it Vyronos street leading to the area of Plaka.
- Follow Dionysiou Aeropagitou Street around Aeropolis Hill, stop and have a look at Parthenon, and don't forget to check out the ancient theatre of Herod Atticus, where music, dance and theatre performances still take place during the summer! A little further you'll see the huge new Acropolis museum, where the Parthenon marbles apart from those that are still at the British museum in London and other impressive finds from the Acropolis were recently transported.

• Soon you will reach a fork in the road. The road on the left heads up to Filopappou Hill, while the one on the right leads to Thissio.

For foreign magazines and newspapers, there's a store at the pedestrian road Herakleidon Street.

- If you choose the left side, walk past the church of St Dimitrios and you'll see the rocky cell where Socrates was imprisoned and drank his poison; then, follow the road towards the monument of Filopappou. When you are up there, visit as well the historic Pnyx Hill, located between the Hill of the Nymphs and the Hill of the Muses, which during the classical years was the gathering point of the Citizen's Assembly. Head back down to the fork at Dionysiou Aeropagitou Street and continue down along Apostolou Pavlou Street, until you reach Thisio, with its historic and neoclassic buildings. There you will find many cafes, shops, bakeries, tavernas and galleries.
- After a coffee break in Thissio, walk past the train station, turn left and head down at the pedestrian road Ermou. A little further and on your right side you will find the ancient cemetery of Kerameikos, where numerous legendary figures of the ancient past were buried and part of the Themistiklean Wall, that once circled central Athens, still stands as well as the Sacred Gate.

Monastiraki

- From Thission train station you can turn right and head for Ermou Street, passing miscellaneous shops. On your right you will find Avyssinias Square, where every Sunday the antique market sprawls out. Then, you will reach Monastirki Square, where Monastiraki subway station is. There you will see many tourists, fruit-sellers as well as the monastery of Pandanassa and the Tzistarakis Mosque.
- Behind the station you'll find the flea market, a winding pedestrian road full of stores selling clothes, accessories and souvenirs. Walking through it you get at Andrianou Street, lined with neoclassic houses now transformed into busy cafes. Stop at one of the side streets for a quick Ouzo and meze plate, and then head towards Plaka to explore more of the city.

Sightseeing

If you want more sightseeing don't forget to include the following!!!

National Archaeological Museum Of Athens

It's one of the most important museums in Greece and one of the richest in the world as it concerns the ancient Greek art. Its collections include pieces from all the different cultural eras that flourished in Greece B.C.

Ancient Agora

Agora was the center of ancient Athens. All the political, commercial, administrative and social activities were taking place here. It was the religious and cultural center, and the seat of justice.

Temple of Olympian Zeus

The Temple of Olympian Zeus (Olympeion) was the largest temple in Greece. It was an enormous structure that exceeded even the one of Parthenon in size! After the construction of the Zeus' temple, the Athenians honored Hadrian by building an arched gateway at the northwest gate of the sanctuary. The arch bears two inscriptions. The side that faces Acropolis (west facade) reads "This is Athens, the ancient city of Theseus",

while the other that faces the temple and the extension of the city by Hadrian, reads "This is the city of Hadrian and not Theseus".

• Lycabettus Hill

Besides Acropolis, Athens has some more places that you can get superb views of the city. One of them is Lycabettus Hill. To get there follow the "telepherique" signs at the corner of Kleomenous and Ploutarchou Streets between Kolonaki square and the Athens Hilton. The view from the top is priceless, from Mount Parnes in the north to Piraeus and Saronic gulf in the west, with Acropolis sitting in the middle like a ruminative lion. There's also a café restaurant up there.

Sounion, the Temple of Light!

Cape Sounion is renowned by the ruins of the ancient Greek temple of Poseidon, the god of sea according to the classical mythology. It's one of the most imposing temples in Greece. The place is a popular day-trip for tourists in Athens. The sunset over the Aegean Sea viewed from the ruins is a spectacle.



You can also ask your Buddy or other Greek friends to recommend you some more places of interest in Athens!!!

Other destinations while you are in Greece!

- Saronic Gulf Islands: Aegina, Agistri, Poros, Hydra, Spetses
- Mycenae
- Delphi
- Epidaurus
- Nafplion
- Meteora

Note that ESN Sections organize already some Day-Trips to some of these destinations!Keep it in mind since Group Trips are more fun;)



If you live in Athens you also need to know what an EVZONAS is...!

Greek Presidential Guard was founded on the 12th of December 1868 as a combatant and at the same time ceremonial force. The Evzone wearing the "foustanela" (a kind of kilt) and the "tsarouhi" (rustic shoes with pompoms), become a symbol of the Independence War.



The most spectacular changing of the guard is on **Sundays at 11 o'clock**. The "changing shift" starts with a parade from the Evzone camp in the street of Irodou Attikou, opposite the residence of the President, moving through Vassilissis Sofias towards Syntagma Square.

Last but not least... if you want to be updated any time about what's going on in Athens...

Check out the newspaper www.athensnews.gr with all the news written in English and in the last pages you will find the overnight pharmacies and hospitals.

Alternatively, you could use www.ekathimerini.com.

Nightlife

Athens is a city that never sleeps!If you are a party animal or a culture lover; in Athens surely you will find whatever it is you are looking for!! This city provides different ways of having fun, from nightclubs till classic music concerts.

For more information you can check the following websites, where you can find what's going on in Athens' cultural life and also information about music, fun, food as far as interactive maps.

www.cityofathens.gr

Some nightlife places in Athens:

Technopolis / Gazi: The Soho of Athens

Walking down towards the end of Ermou street, past the ancient area of Kerameikos you'll find yourself at the traffic lights of Pireos Street, across which you can't miss Technopolis ("art city"), a large complex of buildings that used to be a gas factory and is now hosting several exhibitions and concerts. Cross the street and walk through or around Technopolis to the lower exit and you will be at Gazi (also reachable directly via Kerameikos subway station-blue line). This area has become very popular the last ten years amongst all varieties of people for its trendy eateries, cafes and bars.

Psirri

It's the centre of students' nightlife in Athens. It's a neighborhood within the old city of Athens and has become the centre of nightlife as it has bars, clubs, places to drink Ouzo or Rakomelo and eat as well as Rembetadika (places that play live greek traditionally urban music). It is located exactly at the centre of Athens (step off at Monastiraki subway station - blue line).

Panormou

Another neighbourhood in Athens known for its nightlife (especially for Greek & Erasmus Students)! A number of bars, rembetadika, and places to eat and drink are found there at both sides of Panormou Avenue, right outside of the Panormou metro station (blue line).

Glyfada/Piraeus

Glyfada and Piraeus (Mikrolimano) are seaside places of Athens where nightlife is active during summertime...Glyfada is easily accessible with tram line 5 and there you can find either big summer clubs or nice bars. Piraeus- not at the port of course- is also accessible with tram line 4 and the green metro line, N.Faliro station.

Shopping In Athens

If you wanna go shopping have in mind that:

Store hours are usually:

- Monday, Wednesday: 09.00 14.30. (In the city centre shopping hours vary and you may find stores open till 18.00)
- Tuesday, Thursday, Friday: 09.00 14.30 and 17.30-20.30. Saturday: 09.00 15.00.
- Sunday: closed.



At the tourist areas (like Plaka and Monastiraki) the shops are open on Sundays!!!

Large department stores:

Monday to Friday: 09.00 – 21.00.

Saturday: 09.00 - 20.00.

Sunday: closed.

Supermarkets:

Monday to Friday: 08.00 - 21.00.

Saturday: 08.00 - 20.00.

Sunday: closed.

Athens has also 5 big shopping malls!



The Mall: It's very easy to reach. Just take the train (green line) and get out at Nerantziotissa Station.



Golden Hall: It is located on Kifissias Avenue. To <mark>get there take the bus X14 from S</mark>yntagma Square till the bus stop Ekthesiako Kentro Helexpo.

Athens Heart: It is located on Pireos Street 180 and you can get there by train (green line). You get out at Petralona Station, and then go straight to Pireos Street and you'll see it at the other side of the athensheart road on your left hand.

AVENUE Avenue: It is located in Kifissias Str. also, 5 min walk from the Golden Hall.

Athens Metro Mall: It is located next to Agios Dimitrios metro station (red line). You just **MALL** follow the exit "Vouliagmenis (I. Metaxa)".

The first one is located near the airport, (you can go there by taking the buses going to the airport) and the second one is located on Kifisou Street 96, Aigaleo.





Athens University of Economics and Business

The Athens University of Economics and Business (AUEB) was founded in 1920 under the name "Athens School of Commercial Studies." It was renamed in 1926 "Athens School of Economics and Business", a name that was retained until 1989 when it assumed its present name, the Athens University of Economics and Business.

It is the third oldest University in Greece and the oldest one in the general fields of Economics and Business. The University offers undergraduate (B.A. or B.Sc.), graduate (M.Sc. or M.B.A.) and doctoral (Ph.D) degrees.

It is comprised of 8 departments as follows:

- Accounting and Finance
- Business Administration
- Economics
- Informatics
- International and European Economic Studies
- Management Science and Technology
- Marketing and Communication
- Statistics

Each department of the Athens University of Economics and Business awards an undergraduate degree (Ptychion) equivalent to a four-year B.A. or B.Sc. in their respective fields. Students are accepted after a successful nation-wide entrance examination. On the average, only one out of seven candidates is admitted. In some departments the competition is even higher. AUEB students traditionally have accomplished the highest scores in comparison to students in other Economics studies Universities in Greece during their entrance exams.

Undergraduate Courses in English

There are many courses offered in English, mainly for international students who come to AUEB under the Erasmus program. A total of approximately 60 courses are offered in English, each one awarding 6 ECTS credits upon completion. For a complete list of these courses, you should consult the Erasmus office of the University, at http://www.aueb.gr/pages en/erasmus/index.php

Our exchange program is also particularly strong. Through the Erasmus program, every year about 220 AUEB undergraduate students leave our campus to spend a semester or a year to a University in another European country, while 270 students from international Universities come to spend an equivalent time at AUEB, thus rendering AUEB the "most per-capita-intensive" exchange program in Greece.



Buses, trolleys, subway and tram are used for public transportation in Athens. Three subway lines and one suburban railway line operate in Athens. During the *weekdays* the metro lines *operate till 00:00* and during *Friday and Saturday* the blue ,red & green line (lines 1&2&3) operate *till 2 am*.

The ticket price is 1,40€ and the reduced price for students 0,70€. The ticket is valid for all means of public transport and you can travel with it for up to 1,5 hour after the validation time. There is also a ticket that is valid only for buses, trolleys, or tram and it costs 1,20€ (reduced price 0,60€). There is also a daily ticket (4€) and a weekly ticket (14€)



- In order to get the reduced student price you should have the Greek University's student Card for transportation (Named Paso)
- If you use a lot the public transportation, you can buy a monthly card (45€ full price or 23€ reduced price) which is valid for an unlimited number of journeys for one calendar month. You can buy it only the first days of the month in every Metro Station (Blue and Red line) and some train stations like Monastiraki, Attiki and Omonoia.



• Night transportation in Athens: Trolley Line 11 is 24hrs and Night Buses: 500 (does the same route like the green metro line) 790 (does the same route as the red metro line, plus going to Glyfada) 040 (from Syntagma to Piraeus through the Syggrou Avenue & X14 from Syntagma to Kifisia through Kifissias Avenue.

For any information about public transportation you can always call 185 or visit www.oasa.gr

If you want to go to the AIRPORT, you have several options:



A. METRO (Blue Line)

In this route the price of the regular ticket is €8 and the reduced ticket costs €4. There is a train to the airport every 30 minutes.

B. BUSES X92, X93, X94, X95 (You can take it from Syntagma square) X96, X97.

In this route the regular ticket costs 5€ and the reduced ticket costs 2.5€.

C. SUBURBAN RAILWAY

You can take it from Neratziotissa Station (connection with the green line). There is a train every 30 minutes.

You can check the plane arrivals and departures on Athens International Airport on the website www.aia.gr

Getting a taxi in Athens

Finding a taxi in Athens is fairly easy. You can get it at the street as long as it has its taxi label on. Alternatively, you can order one. Stopping a taxi on the street is cheaper than ordering it as you also have to pay for the call. In any case, there is a minimum tariff of 3,20€ and from 00:00 till 05:00 the tariff/charges are doubled.

Some telephone numbers for calling a taxi:

- Radiotaxi kosmos 18300
- Radiotaxi Ikaros 2105152800

BEACH time...

If you take a look at the map of Athens, you will see that there are plenty of beaches at the south and east side of the city.

The easiest way to get there is by tram. Starting from the Tram Stop at Syntagma square, you can choose to get off at any tram stop after "Edem" stop where you will find many sandy beaches. Moreover, you can get the bus for Varkiza beach number E22 and you can take it from A) The corner of Sina and Panepistimiou Street or B) Syntagma square. For the E22 there is a special ticket which is currently $\[mathebox{\in} 1,60\]$ and reduced price $\[mathebox{\in} 0,80\]$. There is also the bus 171 from Aghios Dimitrios metro station.

(Keep in mind that it's possible to be asked to pay an entrance fee as some of the beaches there are private)

To visit the beaches that are at the east side of the city, like Porto Rafti, Schinias (Σχινιάς) or Sounio, you can take one of the suburban buses (ΚΤΕΛ) with starting point right behind the AUEB building (Mavromateon Street). Don't forget to ask for reduced price ticket showing your "Paso".

Time to travel around GREECE???

You have seen everything in Athens and you want to travel around Greece? There are many traveling options but you have to search for the best. For example if you want to go to Thesalloniki it's easier for you to take the train...

Here are some telephone numbers to make your life easier:

• National Buses (KTEL-Liosion) number: 210 5124910 (KTEL-Kifisos) number: 210 8317153

Note that there are two bus stations!Usually for the north of Greece use KTEL-Liosion and for the south KTEL-Kifisos

- National railway station number: 1110 and 2105297777 and www.ose.gr (You can also go to Athens Railway Station-Larissa Station- with the metro-red line- and ask in person for information about the trains)
- Information for ships and buses' timetables: 14944

Moreover, as you already know, Greece has some of the most beautiful islands in the world! In order to visit them, you have to go to Piraeus port.

Before making your plans check the following numbers and websites:

Port authority of Piraeus: 2104147800

Ship companies' websites:

Bluestar Ferries:www.bluestarferries.gr& 2108919800Hellenic Seaways:www.hellenicseaways.gr& 2104199000Minoan Lines:www.minoan.gr& 8011175000Anek Lines:www.anek.gr& 2104197420



Are you hungry? Hmmm... What to eat? You open the menu of the tavern and it all sounds Greek to you? At this menu you will find illustrated explanations of the most famous Greek foods and beverages:

Greek salad (Greek: Χωριάτικη Σαλάτα): True Greek salad is essentially a tomato salad made of sliced or chopped tomatoes with a few slices of cucumber, red onion, and feta cheese, seasoned with salt, black pepper and oregano, dressed with olive oil.

Tzatziki (Greek: Τζατζίκι): Tzatziki is made of strained yoghurt to which cucumbers (either pureed and strained or seeded and finely diced), garlic, salt, cracked black pepper and usually olive oil, dill, sometimes lime juice and parsley, or mint are added.

Souvlaki (Greek: Σουβλάκι): is a popular Greek fast food consisting of small pieces of meat and sometimes vegetables grilled on a skewer. It may be served on the skewer for eating out at hand; in a pita sandwich with garnishes and sauces or on a dinner plate accompanied by fried potatoes.

Moussakas (Greek: Μουσακάς): In the standard (3 layer) Greek recipe, the bottom layer consists of eggplant slices sautéed in olive oil; the middle layer is minced beef precooked with onion, garlic, chopped tomatoes, herbs, and spices; whilst the top layer is a cheese-flavoured béchamel sauce.

Pastitsio (Greek: Παστίτσιο): Pastitsio is a layered baked dish. Typically the bottom layer is bucatini or other tubular pasta with cheese and egg as a binder; the second layer is minced meat (beef, veal or lamb) with tomato and cinnamon, nutmeg, or allspice; the third is another layer of pasta; and the top layer varies from an egg-based custard to a Béchamel.

Coffees:

Café frappé is a foam-covered iced coffee drink made from instant coffee. Frappé is available in three degrees of sweetness: sweet, medium and plain. All varieties may be served with evaporated milk ($\mu\epsilon \gamma \acute{a}\lambda \alpha$ [me gala])

Greek coffee is a coffee from powered roast coffee beans, served into a cup, prepared by finely boiling in a pot (with sugar if you want), where the dregs settle.



It is the Uzi of the spirits! Really strong, super natural, ouzo is reported to be good for health. It is actually an anise-flavoured liqueur, tasting quite like the French pastis or the Italian Sambuca. It is served with fish and seafood starters (called "mezedes") – don't wait for the main course, or your own plate. Be careful, as Wikipedia warns: "Ouzo starts by distilling 96% alcohol by volume pure ethyl alcohol of agricultural origin (or 96 percent pure ethyl alcohol in which 0.05 percent natural anethole has been added)"!

Rakomelo

Greek: ρακόμελο, from raki (ρακί) + meli (μέλι), meaning honey. It is an alcoholic drink mixed with honey. It is a liqueur combining tsikoudia/tsipouro/raki with honey and severa spices, such as cinnamon, cardamom, or other regional herbs. It is produced in Crete and other islands of the Aegean Sea or the Greek mainland, chiefly consumed during the winter as a warming drink. Cold Rakomelo is called Psimeni Raki.!



You can find places where you can taste these traditional drinks in Psirri area or Thissio area (Monastiraki and Thissio metro station respectively).

Retsina

Retsina is the greek yellow wine with a really intense taste. It's produced from the yellow sticky liquid extracted from the trees...a unique wine flavour that you must experience at least once!! Easy to find in supermarkets and places at the centre.Retsina is often drank mixed with cola.

Mastic Liquer

Mastic Liquer ("Liker Mastiha" in greek), is a local liqueur of the island Chios and is unique throughout the globe as it is produced only in Mastichochoria of Chios. It is produced from the mastic trees on the island. Mastic is a very common flavor in Greece that even exists in chewing gums!! You can find it at the supermarkets and at the bars/clubs.

In case that you are hungry and you're looking for Super Markets close to University...

- 1. Nova Alimenta Patision street 120 (28is Oktobriou street 120)
- 2. Carrefour Marinopoulos 3rd September street 77
- 3. Carrefour Ampelokipi Kifisias avenue 7 (not indicated in the map)
- 4. Carrefour is located in the basement of the shopping centre (also hosting the automobile museum) in the corner of Ioulianou and 3rd September str.

University Restaurant: The restaurant is placed on the underground floor of the main building and it's open from noon till 4pm for lunch and from 7pm till 9pm for dinner. There you can eat for 2 euros per day. More specifically, you will have to pay 2 euros for lunch and then you can eat dinner for free showing the receipt you got earlier that day. The food is also given as a take away upon request.

Cafeteria: AUEB has a cafeteria on the underground floor as well, where you can have some fast food and drink beverages or coffee.

Outside Catering: Close to AUEB there are a lot of fast food shops, bakeries, pizza restaurants, pita gyros restaurants etc. You can find plenty either on Patision str. or at Victoria square.

*A.T.H.E.Nasty Words?Never! S.

We understand that these are your first days in Athens and everything that you hear sounds... Greek to you... So we have prepared a mini dictionary with some useful words and phrases that you'll definitely need...

- Yes: NAI (Neh)
- No: OXI (Ochee)
- I don't understand: Δ EN KATA Λ ABAIN Ω (Den katalaveno)
- Please: $\Pi APAKA\Lambda\Omega$ (Parakalo)
- Thank you (very much): EYXAPIΣΤΩ (ΠΟΛΥ) (Efharisto (polee))
- You are welcome: $\Pi APAKA\Lambda\Omega$ (Parakalo)
- Excuse me: ΣΥΓΓΝΩΜΗ (Seegnomee)
- I am sorry: ΛΥΠΑΜΑΙ (Leepame) or ΣΥΓΓΝΩΜΗ(Seegnomee)

When meeting someone...

- *Hello:* Γ EIA Σ OY (ya soo)
- How are you? ΤΙ KANEIΣ; (Ti kanis?)
- Fine, thank you: KAAA, EYXAPI Σ T Ω (Kala, efharisto)
- What's your name? $\Pi\Omega\Sigma \Sigma E \Lambda E N E$; (Pos se lene?)
- My name is...: ME AENE... (Me lene...)
- Nice meeting you: XAPHKA (Charika)
- Goodbye: ANTIO (Adeeo)
- *Bye!* ΓΕΙΑ! (Ya!)
- Good morning: KAAHMEPA (kaleemera)
- Good evening: ΚΑΛΗΣΠΕΡΑ (Kaleespera)
- Good night: KAAHNYXTA (Kali neechta)

Atthebar...

Beer: MIIIPA (Beera)

White/ Red Wine: ΛΕΥΚΟ/ KOKKINO KPAΣI (Lefko/ Kokeeno krasi)

How much does it cost?: ΠΟΣΟ KANEI; (Poso Kanee?



Useful tips for an easier and safer stay in Athens!

If you want to attend sports at the University, you will need to do some health examinations, so, you can go to the nearest hospital to do them

HealthCare

Ambulance service: 166

Information for duty hospitals and pharmacies: 14944

Poisoning First Aid: 2107793777



• Evangelismos (Ευαγγελισμός)

Telephone: 2107201000, Address: Ypsilantou (Υψηλάντου) 45-47

To go there you can take the metro (blue line) and step off at "Evangelismos" stop.

Other central hospitals

• Geniko Kratiko Nosokomeio (Γενικό κρατικό νοσοκομείο)

Telephone: 2132032000, Address: Leoforos Mesogeion 154, Ampelokipoi (Λεωφόρος Μεσογείων 154, Αμπελόκηποι)

• Pammakaristos Theias Pronoias (Παμμακάριστος Θείας Πρόνοιας)

Telephone: 2102284851, Address: Iakovaton 43, Kato Patisia (Ιακωβάτων 43, Κάτω Πατίσσια)

• Erithros Stauros (Ερυθρός Σταυρός)

Telephone: 2106414000, Address: Athanasaki 1 (Αθανασάκη 1)Police: 100 (free of charge)

Other Important Numbers

• Fire department: 199 (free of charge)

• Emergency line all over Greece: 112 (free of charge)

• Tourist police: 171

• Police department in Kypseli area: tel.: 2108674130, address: Thiras 17, Kypseli (Θήρας 17)

• Information for finding a telephone in Greece: 11888 and www.whitepages.gr

• Information for finding a telephone abroad: 11889

How can I call my country!

Country code + Tel. Number.

(Call 139 for information on country codes)

Greek code: 0030

Did you know that you have the ability to make reverse charge call? This means that you can ask the person that you are calling abroad to accept the charges. Just call 139 to ask your country's "collect call" or "reverse charges" telephone.

Did you lose your credit card? Just call:

American express: 2103397250 Diners: 2109290200 Eurocard: 2109503673

I want to send mail...

Signs denoting post offices are usually bright yellow, as are post-boxes. If you need to send mail there are stamp vending machines and post-boxes outside all central post offices. You can also buy stamps at many kiosks. The Hellenic Post Office is called ELTA (in greek EATA), for more information www.elta.gr



You have the

Just visit the interactive map www.driveme.gr or www.breathtakingathens.com/maps

Typical monthly budget for 2012-2013

Accommodation	300 - 400 Euros
Food	100 - 200 Euros
Transport (public, taxi)	30 - 50 Euros
Personal	100 - 300 Euros
Total	530 - 950 Euros

Websites mentioned in the Guide:

- www.breathtakingathens.com
- · www.cityofathens.gr
- www.athensnews.gr
- www.ekathimerini.com
- www.oasa.gr
- www.ose.gr
- www.bluestarferries.gr
- www.hellenicseaways.gr
- www.minoan.gr
- · www.anek.gr
- www.elta.gr
- aueb.esnathens.gr.
- · www.driveme.gr
- · www.ploigos.gr
- www.mapsgoogle.com

Bet you didn't notice going from <u>A.T.Hungry?E.N.S.</u> to <u>A.T.H.E.NastyWords?</u> Never!S.

So here comes the missing part!!!

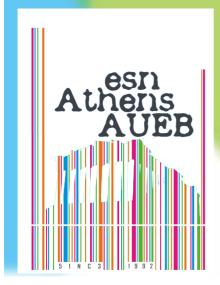
*A.T.H. ESN Athens AUEB N.S.

ESN Athens AUEB is part of the Erasmus Student Network (ESN) which has 408 sections all over Europe as well as a part of ESN GREECE which has 13 sections and growing!!

We operate on a pure "Students Helping Students" principle and we are a non-political, non-profit student organisation of the Athens University of Economics and Business. We have been helping exchange students get the most out of their Erasmus life-altering experience as well as encouraging and helping Greek students plan their Erasmus period abroad since 1992(!!). We were the first ESN founded in Greece and we plan on being the best until Armageddon hits us...

ESN Athens AUEB has many diverse programmes and events, all aiming to make your stay here as memorable as possible and make our ESNing experience with you as awarding as possible.

- We have created our **Buddy System** since 2007 and have been making Greek and Erasmus students life-long friends every single semester since then!
- We have been doing our Mykonos Bonding Trip for more than 10 years every semester with more than 2.000 Erasmus with incredible memories.
- We have been introducing the coolest of Athens to all of our Erasmus friends in the Introduction Week for so many times that we have to count the stars in the sky to figure it out
- You have the chance to explain why everyone should do their Erasmus in your University coming to the Info Market!
- You have the chance to learn a new language by participating in our **Tandem** meetings!
- You have the chance to participate in projects spanning Europe-wide and <u>make a difference</u> such as Social Erasmus and Exchangeability!
- Everybody enjoys the craziest parties with the craziest people and at the most beautiful places such as Beaches, Hills, Parks and every place awaiting our visit and every theme not done yet.
- Everybody enjoys the **best bonding trips** and vacations all over Greece! Mykonos, Crete, Ioannina, Thessaloniki, Nafplion, Meteora just to name a few...
- **Greek students are helped** any way we can to overcome any hesitation and any obstacle in order to go after an experience they will never recover from... ERASMUS
- Greek students are welcomed back in order to have the easiest transition and are offered a shoulder to cry on after coming back from their Erasmus experience...



They can become members of















<u>That'sallfornow...wehopethatyouenjoyedreadingandthatyoufoundthe</u> <u>informationthatyouwere lookingfor...foranyfurtherquestionsorindications</u> <u>about</u> A.T.H.E.N.S.SurvivalGuidecontactusat:

aueb@esnathens.gr

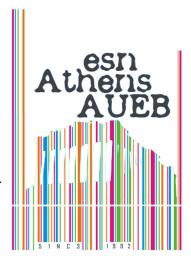
Best regards,

Survival Guide team: Valia, Ioanna, Ilia, Flora, Eri, Eleni, Areti, Maria, Eirini, Vassilis, Nicolina, Yannis, Aggeliki, Dimi, Maria, Alex, S

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and do not forget that you have to.....

LIVE IT_LOVE IT